



Specialist services for children with social, sensory, and communication challenges

PRESENTS

Reframing Behaviour Workshop 1: Sensory Processing

Supporting children who have trouble managing information that comes in through the senses
11th May | 9am - 3pm



Do you have children in your class/school or organisation that:

- Struggle to sit still?
- Are oversensitive to noise?
- Constantly fidget?
- Are clumsy?
- Get too close to people?
- Dislike certain clothing textures?
- Eat limited food choices?
- Are bothered by bright lights?
- Avoid busy environments?
- Are always on the move?

Let us help you unpick the science behind sensory processing and expand your knowledge of the impact of sensory processing on self-regulation, learning and the social world.

This workshop will help attendees develop an understanding of:

- Sensory processing issues i.e. difficulties with organising and responding to information that comes through the senses
- Children who may be oversensitive to sensory input, undersensitive, or both
- How sensory processing issues impact on children's participation in school
- How general sensory strategies can be implemented

Socially Speaking offers this dynamic course to Teachers, Teacher Aides and those who work with individuals who struggle with self-regulation and self-control.

Who should attend?

Teachers, Teacher Aides, RTLB's, Social Workers, Counsellors
(in fact, anyone working closely with primary aged children)

- WHEN** 11th May | 9am- 3pm
- WHERE** Socially Speaking office
8 Bishopdale Court, Bishopdale
- PRICE** \$225 early bird 23/04/2021
\$245 after 23/04/2021
all + GST
- EMAIL** alison@sociallyspeaking.co.nz to secure your spot

includes morning tea, lunch and course materials

ABOUT THE PRESENTERS

Cathy Bloy

Cathy received her Occupational Therapy training in New Zealand, graduating from AUT in 1999.

She has over 17 years of experience working across the public health care system, ACC and private practice.

Her varied Occupational Therapy roles within communication and learning, child development, and visiting neurodevelopmental therapy give her a breadth of experience to draw from when providing support to children and their families.

Cathy has recently completed a post graduate certificate (in distinction) in Occupational Therapy practice specialising in motivation/behaviour change and trauma informed practice.

Justine Aldous

Justine is a New Zealand registered Occupational Therapist with 29 years' experience in Mental Health, Vocational Rehabilitation and Paediatrics.

Justine has significant expertise in sensory integration, anxiety and stress management with adults, adolescents and children.

She has trained in the Alert Programme, this is a Sensory Self-Regulation Programme and Justine will incorporate this programme into her workshop.



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Reframing Behaviour Workshop 2: From Mystery to Mastery

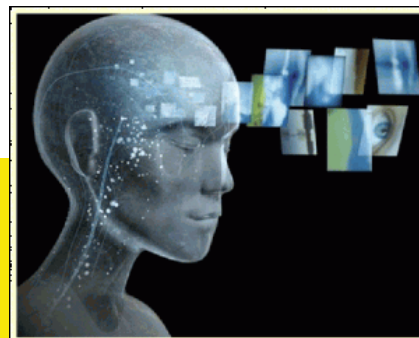
Supporting children with developmental disorders
15th June | 9am - 3pm

Do you have children in your class/school/organisation that have a diagnosis and want to know more?

Do these children have difficulty connecting with learning and the social world? Let us help you to expand your tool box of strategies.

Be prepared for a practical and fun day!

This workshop will enable attendees to gain a basic understanding of how to better support primary children with a range of developmental disorders that impact on their social, sensory and behavioural skills.



This workshop will help attendees understand:

- A range of diagnoses that will include: ASD, Dyspraxia, Foetal Alcohol, Trauma and ADHD
- How these diagnoses impact on children's participation in school
- How to support children with their development of social, emotional and communication skills

It is recommended that all participants have attended the Sensory Processing workshop or already have knowledge/skills in this area.

Socially Speaking offers this dynamic course to Teachers, Teacher Aides and those who work with individuals who struggle with self-regulation and self-control.

Who should attend?

Teachers, Teacher Aides, RTLB's, Social Workers, Counsellors
(in fact, anyone working closely with primary aged children)

WHEN	15th June 9am- 3pm
WHERE	Socially Speaking office 8 Bishopdale Court, Bishopdale
PRICE	\$225 early bird 28/05/2021 \$245 after 28/05/2021 all + GST
EMAIL	alison@sociallyspeaking.co.nz to secure your spot

includes morning tea, lunch and course materials

ABOUT THE PRESENTERS

Alison Schroeder

Alison is a Speech and Language Therapist and Primary School teacher who has specialised in the area of social communication. She has had over 31 years' experience working in this area in New Zealand, England and Hong Kong. Alison runs Socially Speaking along with the great support of other Speech and Language, and Occupational Therapists. She has also written a number of social skills resources which are published in the UK and used throughout the world. These can be purchased at the workshop or from the website: www.sociallyspeaking.co.nz

Cathy Bloy

Cathy received her Occupational Therapy training in New Zealand, graduating from AUT in 1999. She has over 17 years of experience working across the public health care system, ACC and private practice. Her varied Occupational Therapy roles within communication and learning, child development, and visiting neurodevelopmental therapy give her a breadth of experience to draw from when providing support to children and their families. Cathy has recently completed a post graduate certificate (in distinction) in Occupational Therapy practice specialising in motivation/behaviour change and trauma informed practice.

Justine Aldous

Justine is a New Zealand registered Occupational Therapist with 29 years' experience in Mental Health, Vocational Rehabilitation and Paediatrics. She has significant expertise in sensory integration, anxiety and stress management with adults, adolescents and children. She has trained in the Alert Programme, this is a Sensory Self-Regulation Programme. Justine will incorporate this programme into her workshop.

Cancellation Policy: Refunds will be granted less 20% of the registration fee to cover administration costs, upon notification in writing no less than 10 working days prior to the event. No refunds will be given after this date however a substitute participant is welcome to attend at no additional cost.



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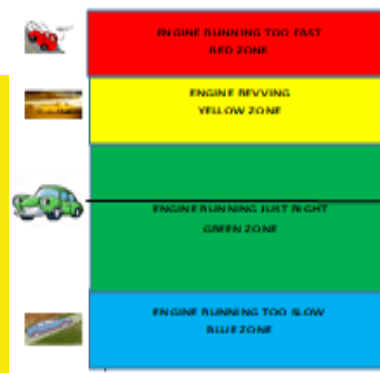
Reframing Behaviour Workshop 3: Practical tools for regulation

10th August | 9am - 3pm

Do you have a good knowledge of the impact of sensory processing and developmental disabilities on self-regulation?

Would you like more guidance and support around the use of tools and frameworks to support children who struggle with self-regulation?

ZONEs OF REGULATION



This workshop will help attendees develop:

- A toolbox of resources to support self-regulation including sensory, calming and cognitive strategies
- An understanding of self-regulation frameworks such as the Alert Programme, Zones of Regulation and Social Thinking

This workshop is ideal for attendees who have attended Sensory Processing and from Mystery to Mastery Courses or who have previous knowledge in sensory processing and developmental disorders.

Socially Speaking offers this dynamic course to Teachers, Teacher Aides and those who work with individuals who struggle with self-regulation and self-control.

Who should attend?

Teachers, Teacher Aides, RTLB's, Social Workers, Counsellors
(in fact, anyone working closely with primary aged children)

WHEN	10th August 9am- 3pm
WHERE	Socially Speaking office 8 Bishopdale Court, Bishopdale
PRICE	\$225 early bird 26/07/2021 \$245 after 26/07/2021 all + GST
EMAIL	alison@sociallyspeaking.co.nz to secure your spot

includes morning tea, lunch and course materials

ABOUT THE PRESENTERS

Alison Schroeder

Alison is a Speech and Language Therapist and Primary School teacher who has specialised in the area of social communication. She has had over 31 years' experience working in this area in New Zealand, England and Hong Kong. Alison runs Socially Speaking along with the great support of other Speech and Language, and Occupational Therapists. She has also written a number of social skills resources which are published in the UK and used throughout the world. These can be purchased at the workshop or from the website: www.sociallyspeaking.co.nz

Cathy Bloy

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Justine Aldous

Justine is a New Zealand registered Occupational Therapist with 29 years' experience in Mental Health, Vocational Rehabilitation and Paediatrics. She has significant expertise in sensory integration, anxiety and stress management with adults, adolescents and children. She has trained in the Alert Programme, this is a Sensory Self-Regulation Programme. Justine will incorporate this programme into her workshop.

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Reframing Behaviour Workshop 4: Executive Function (The management system of the brain)

21st September | 9am - 3pm

*Do you have children in your class/
school or organisation that:*

- Leave things to the last minute?
- Get stuck on one way of doing something?
- Have a messy bag, room and loses things?
- Remembers only one part of the instruction
- Have difficulty paying attention?
- Difficulty transitioning from one activity to another?
- Struggle to complete tasks in time limits?
- Struggle with open-ended tasks – breaking tasks down into achievable steps?

Executive function is a set of mental skills that include working memory, flexible thinking, organisation and self-control.

We use these skills every day to learn, work and manage daily life.

Trouble with executive function can make it hard to focus, follow directions and handle emotions, among other things.



This workshop will help attendees:

- Learn more about the different areas of executive functioning skills and how they link with sensory processing challenges and self-regulation
- Understand their own executive function strengths and challenges
- Explore the day in the life of a child who has trouble with these skills
- Develop strategies including cognitive tools and metacognitive strategies (understanding how they learn)

Socially Speaking offers this dynamic course to Teachers, Teacher Aides and those who work with individuals who struggle with self-regulation and self-control.

Who should attend?

Teachers, Teacher Aides, RTLB's, Social Workers, Counsellors
(in fact, anyone working closely with primary aged children)

WHEN	21st September 9am- 3pm
WHERE	Socially Speaking office 8 Bishopdale Court, Bishopdale
PRICE	\$225 early bird 31/08/2021 \$245 after 31/08/2021 all + GST
EMAIL	alison@sociallyspeaking.co.nz to secure your spot

includes morning tea, lunch and course materials

ABOUT THE PRESENTERS

Cathy Bloy

Cathy received her Occupational Therapy training in New Zealand, graduating from AUT in 1999.

She has over 17 years of experience working across the public health care system, ACC and private practice.

Her varied Occupational Therapy roles within communication and learning, child development, and visiting neurodevelopmental therapy give her a breadth of experience to draw from when providing support to children and their families.

Cathy has recently completed a post graduate certificate (in distinction) in Occupational Therapy practice specialising in motivation/behaviour change and trauma informed practice.

Georgina Hemmings

Georgina is a UK trained Speech and Language Therapist, who moved to New Zealand in 2011. She has a BSc in Clinical Language Sciences (Speech and Language Therapy) awarded by Leeds Metropolitan University in the UK.

After graduating, Georgina worked for 7 years, prior to coming to New Zealand, at a private residential special needs school for young people with social communication difficulties, primarily on the Autistic Spectrum, aged 5-19 years old.

Whilst in the UK, Georgina specialised in the area of Autism Spectrum Disorders, with a focus on complex and challenging behaviour. Georgina has worked for Socially Speaking for 9 years. In that time she has provided speech & language therapy sessions for students with social, sensory and communication challenges. She has also run numerous groups in schools and afterschool groups at Socially Speaking focusing on oral language, social/ emotional skills and executive functioning.

She has attended courses in Melbourne in Social Thinking and is involved in ongoing professional development in Social Thinking and Executive Functioning Skills.

Cancellation Policy: Refunds will be granted less 20% of the registration fee to cover administration costs, upon notification in writing no less than 10 working days prior to the event. No refunds will be given after this date however a substitute participant is welcome to attend at no additional cost.